1<sup>st</sup> Post WoCoVA "De Patiënt Centraal Amersfoort, 9 okt. 2018

## Health Economic Benefits of Chlorhexidine Gluconate Dressings

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## Estimates of economic outcomes in CR-BSI

| Author, year     | n    | Excess<br>ICU stay<br>(d.) | Excess<br>hospital stay (d.) | Excess cost              |
|------------------|------|----------------------------|------------------------------|--------------------------|
| Warren D, 2006   | 41   | 2.4                        | 7.5                          | \$ 11 971                |
| Higuera F, 2007  | 55   | 6.1                        | -                            | \$ 11 591                |
| Blot S, 2005     | 176  | 8                          | 12                           | € 13 858                 |
| Schwebel C, 2012 | 1636 | 11                         | -                            | \$ 24 090<br>(~€ 18.000) |

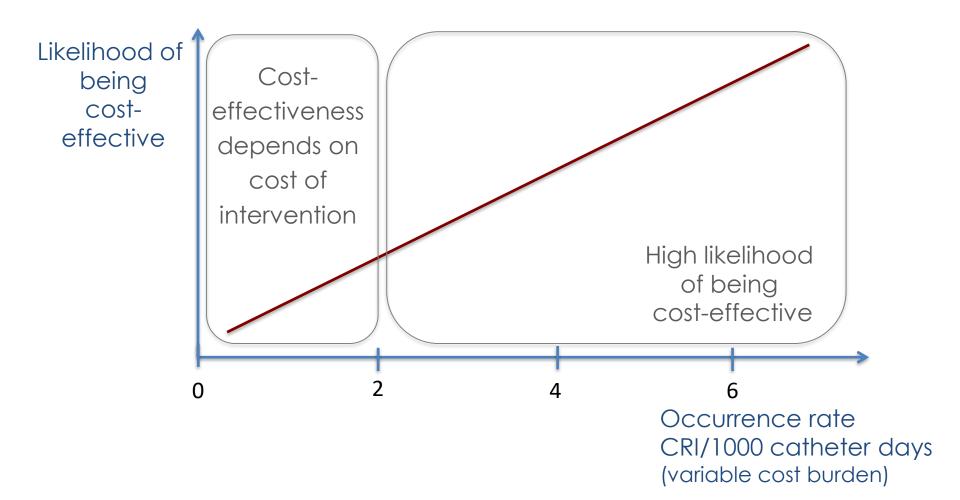
#### Excess cost is mainly driven by excess length of stay

## Essentials of Cost-Effectiveness

- Innovation is expensive
- Partially reflected in prize/unit on the market
- Cost-effectiveness (cost of investment < cost savings) depends on:
  - o Prize / unit
  - Consumption of units
  - Cost of the infection
  - Number of infections that will be avoided
    - ~ Baseline infection rate ( $\rightarrow$  preventable portion)

### Cost-effective prevention of CR-BSI

Potential of cost-effectiveness depends on occurrence rate (number of cases to be prevented).



Chlorhexidine-Impregnated Sponges and Less Frequent Dressing Changes for Prevention of Catheter-Related Infections in Critically III Adults A Randomized Controlled Trial

|           | CHG-impregnated<br>sponges              | Control<br>dressing                     | HR<br>(95% CI)           |
|-----------|---|---|--------------------------|
| Major CRI | 10/1953 (0.5%)<br>0.6 / 1000 cath. days | 19/1825 (1.1%)<br>1.4 / 1000 cath. days | 0.39<br>(0.17 –<br>0.93) |
| CR-BSI    | 6 /1953 (0.3%)<br>0.4 1000 cath. days   | 17/1825 (0.9%)<br>1.3 1000 cath. days   | 0.24<br>(0.09 –<br>0.65) |

• Dressing changes /7 days not inferior to /3 days (!)

Timsit JF, et al. JAMA 2009

## Dressing disruption is a major risk factor for catheter-related infections\*

- Secondary analysis of RCT
- Risk of CRI increased with number of dressing disruptions:

○ 1<sup>st</sup> disruption: HR 1.9 (95% CI, 0.5 – 7.5)

- 2<sup>nd</sup> disruption: HR 3.3 (95% CI, 1.2 9.0)
- 3<sup>rd</sup> disruption: HR 12.5 (95% CI, 4.0 39.6)

Timsit JF, et al. Crit Care Med 2012

## Current insights

- Continuous exposure of CHG at the insertion site reduces the risk of CRI
- Dressing changes /7 days is not inferior to /3 days
- Dressing disruption is a risk factor for CRI

## Remaining issues...

- Practical issues with manipulating sponge
- Impossible to inspect insertion site of the catheter without dressing removal
- Effectiveness of highly adhesive dressing unresolved



Randomized Controlled Trial of CHG-Dressing and Highly Adhesive Dressing for Preventing Catheter-Related Infections in ICU Patients

#### **Study Methods**

- Assessor blinded randomized trial
- Patients with expected catheterization of > 48 hours
- 12 French ICU's

#### Randomized Controlled Trial of CHG-Dressing and Highly Adhesive Dressing for Preventing Catheter-Related Infections in ICU Patients

#### Study Methods: 3 study groups:

#### (1) Tegaderm CHG

- Chlorhexidine-gluconate dressing
- Only dressing available combining transparency and CHG
- 50% of patients

#### (2) Tegaderm HP

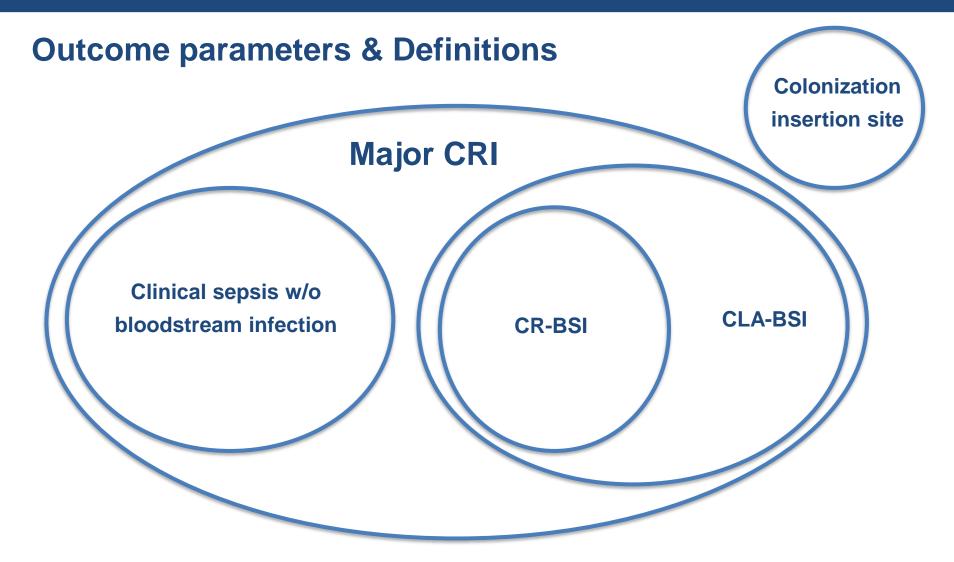
- highly adhesive dressing
- 25% of patients

#### (3) Tegaderm IV

- standard dressing
- 25% of patients



#### Randomized Controlled Trial of CHX-Dressing and Highly Adhesive Dressing for Preventing Catheter-Related Infections in ICU Patients

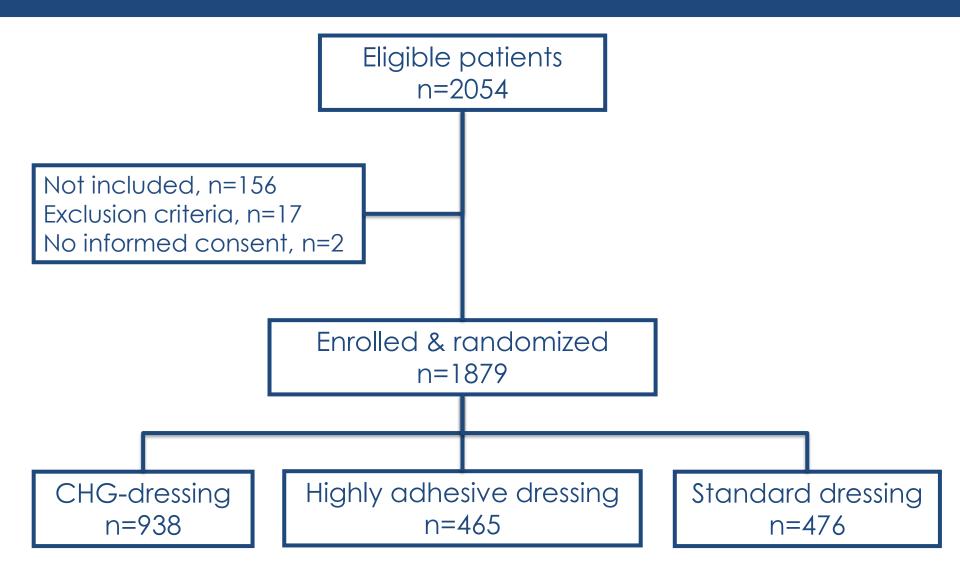


## Primary endpoints

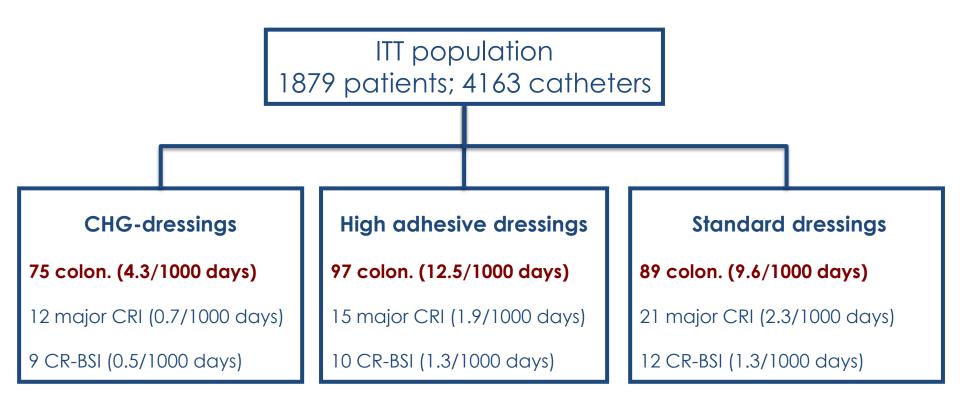
• Major CRI rate for CHG- vs. non-CHG-dressings

• Catheter colonization rate for highly adhesive dressing (non-CHG) vs. standard dressings (non-CHG)

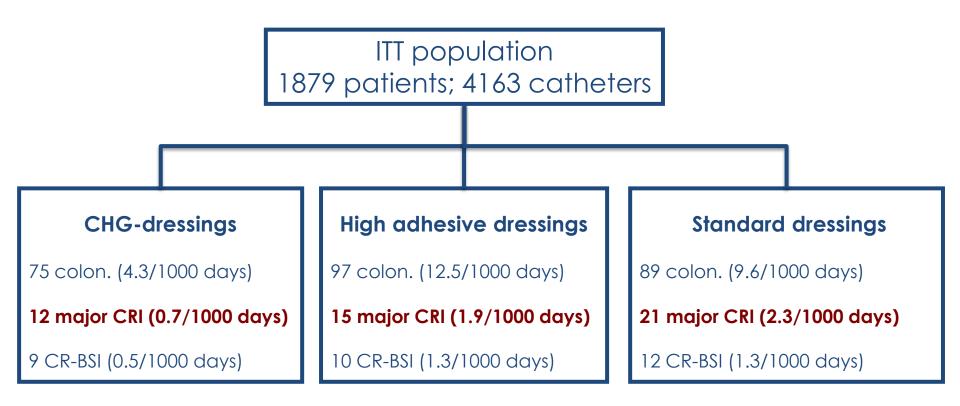
## Study Flow Chart



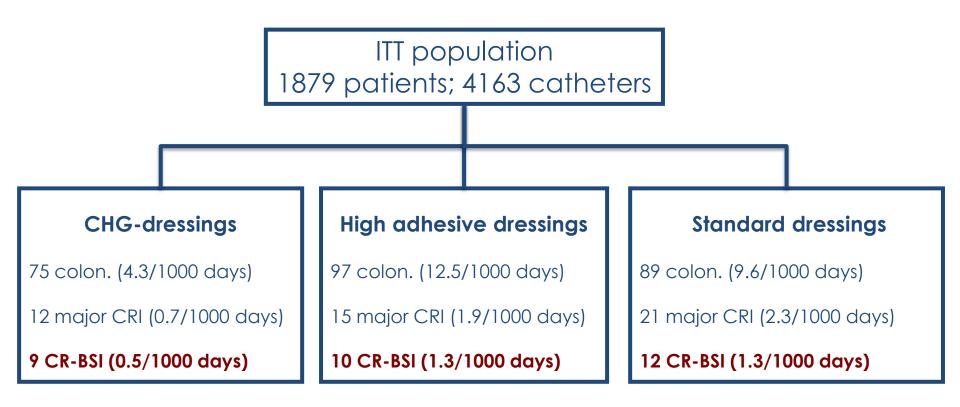




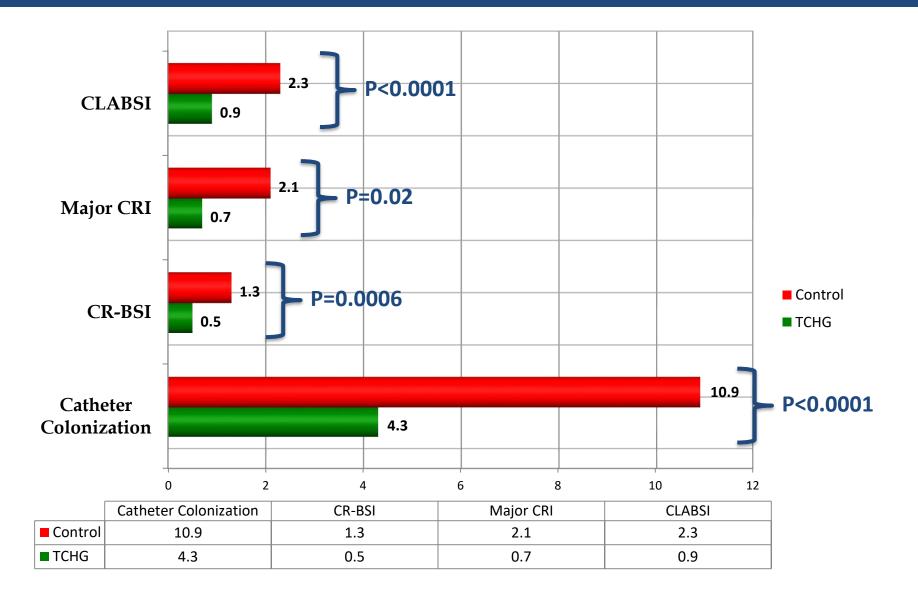








## Results: CHG vs. (highly adhesive + control)



Randomized Controlled Trial of CHG-Dressing and Highly Adhesive Dressing for Preventing Catheter-Related Infections in ICU Patients

#### **Conclusion on Tegaderm CHG**

- The only dressing available combining transparency and CHG
- Proven to reduce CRI risk
- Cost-effective?



#### Simulation

14-bed ICU 1300 admissions / year Average length of catheterization: 5 days CVC-days: 6500 / year

### Number of dressing changes:

6500 CVC-days / 7d. = 929 6500 CVC-days / 3d. = 2166

| Type of<br>dressing | Cost/unit | Dressing changes/7d.            | Dressing changes/3d.             |
|---------------------|-----------|---------------------------------|----------------------------------|
| CHG                 | € 6,00    | € 5.574,00                      | € 12.996,00                      |
|                     |           | (929 dressing changes × € 6,00) | (2166 dressing changes × € 6,00) |
| Standard            | € 0,40    | € 371,60                        | € 866,40                         |
|                     |           | (929 dressing changes × € 0,40) | (2166 dressing changes × € 0,40) |

#### **CR-BSI occurrence rate in the unit**

Standard dressing: 1.3 CR-BSI / 1000 CVC-days → 8.45 CR-BSI / y
CHG-dressing: 0.5 CR-BSI / 1000 CVC-days → 3.25 CR-BSI / y

|                       | Cost / CR-BSI |  |  |
|-----------------------|---------------|--|--|
|                       | € 18.000      |  |  |
| CR-BSI rate           | 1.3/1000      |  |  |
| Total CR-BSI cost (€) | 152.100       |  |  |
| Investments (€)       | 866           |  |  |
| Total cost (€)        | 152.966       |  |  |

|                       | Cost / CR-BSI         |  |  |  |
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| Investments (€)       | 866 12.996            |  |  |  |
| Total cost (€)        | <b>152.966</b> 71.466 |  |  |  |

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| Total cost (€)        | 152.966 71.466    |  |  |  |
| Cost savings (€)      | 81.500            |  |  |  |

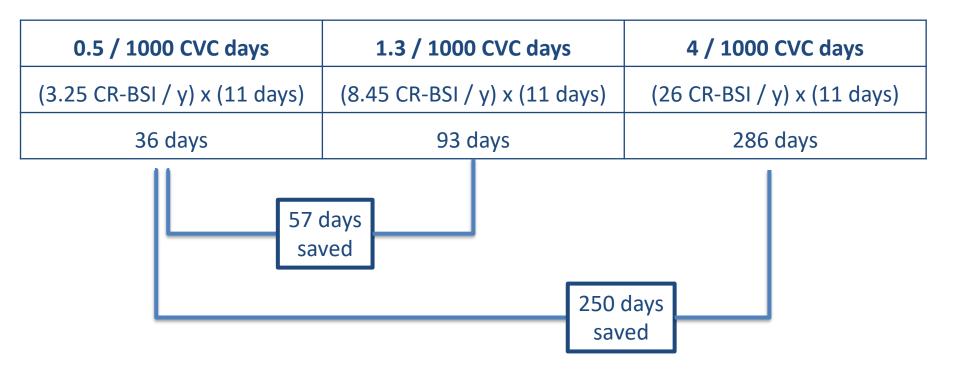
|                       | Cost / CR-BSI     |      |                       |          |  |
|-----------------------|-------------------|------|-----------------------|----------|--|
|                       | € 18              | .000 | € 13.500              |          |  |
| CR-BSI rate           | 1.3/1000 0.5/1000 |      | 1.3/1000              | 0.5/1000 |  |
| Total CR-BSI cost (€) | 152.100 58.500    |      | 114.075               | 43.875   |  |
| Investments (€)       | 866 12.996        |      | 866                   | 12.996   |  |
| Total cost (€)        | 152.966 71.466    |      | <b>114.941</b> 56.841 |          |  |
| Cost savings (€)      | 81.!              | 500  | 58.100                |          |  |

|                       | Cost / CR-BSI |          |          |          |          |          |
|-----------------------|---------------|----------|----------|----------|----------|----------|
|                       | € 18.000      |          | € 13.500 |          | € 6.000  |          |
| CR-BSI rate           | 1.3/1000      | 0.5/1000 | 1.3/1000 | 0.5/1000 | 1.3/1000 | 0.5/1000 |
| Total CR-BSI cost (€) | 152.100       | 58.500   | 114.075  | 43.875   | 50.700   | 19.500   |
| Investments (€)       | 866           | 12.996   | 866      | 12.996   | 866      | 12.996   |
| Total cost (€)        | 152.966       | 71.466   | 114.941  | 56.841   | 51.566   | 32.496   |
| Cost savings (€)      | 81.500        |          | 58.100   |          | 19.070   |          |

- Simulation starts from the assumption that current CR-BSI rate is (only) 1.3 / 1000 CVC days!!
- The average CR-BSI rate is estimated 3-5 / 1000 CVC days

|                       | Cost / CR-BSI |          |          |          |          |          |
|-----------------------|---------------|----------|----------|----------|----------|----------|
|                       | € 18.000      |          | € 13.500 |          | € 6.000  |          |
| CR-BSI rate           | 4.0/1000      | 0.5/1000 | 4.0/1000 | 0.5/1000 | 4.0/1000 | 0.5/1000 |
| Total CR-BSI cost (€) | 468.000       | 58.500   | 351.000  | 43.875   | 156.00   | 19.500   |
| Investments (€)       | 866           | 12.996   | 866      | 12.996   | 866      | 12.996   |
| Total cost (€)        | 468.866       | 71.466   | 351.866  | 56.841   | 156.866  | 32.496   |
| Cost savings (€)      | 397.400       |          | 295.025  |          | 124.370  |          |

- Effect in terms of saved hospitalization days...
  - Average added length of stay: 11 days



## Conclusion

- CR-BSI is associated with significant morbidity and cost
- CR-BSI is highly preventable
- Tegaderm CHG:
  - combines transparency & CHG
  - o significantly reduce the risk of CR-BSI
  - CHG-dressings are highly cost-effective